

Family member meeting with the baby after Cesarean delivery

December 1, 2020
Department of OB/GYN, Seibo Hospital

As of December 1, for those who undergo C-section, we have resumed the meeting of the family member with the baby after the delivery.

The family member can meet the baby after birth through a partition as indicated below. In addition, novel coronavirus is continuing its spread across Japan and please note that skin-to-skin contact with the baby is not allowed.

- ◆ Visiting hours: Shortly after a cesarean birth, the family member can meet the baby for a few minutes before the baby is taken from the operating room to the nursery room.
- ◆ Visiting place: Nursing staff will take the family to the visiting area near the operating room.
※ You may take baby's pictures but do not take pictures of hospital staff or other patients.
- ◆ Eligibility: Only one family member who is waiting in the surgical waiting room during C-section. In addition, newborn's sibling is not be permitted to visit.

Breathing and circulatory function of the newborn baby are unstable, and delicate observation and care are required. Therefore, it will be a brief visit. Please note that the family member may not be able to meet the baby depending on the baby's condition right after birth.

The family member is not allowed to wait in the surgical waiting room or meet the baby if he/she has the following symptoms within a week including on the day of surgery. The family member who plans to meet the baby is required to keep a record of the health condition in the health check sheet every day for more than one week before the date of surgery and submit it to us.

- ① Fever of 37 degrees Celsius
- ② Sore throat
- ③ Cough/runny nose
- ④ Diarrhea/vomiting
- ⑤ Malaise
- ⑥ Abnormal taste/smell
- ⑦ Infected with COVID-19/influenza, or have close contact with an infected person
- ⑧ Travelled abroad within the past 2 weeks

