

Request for expectant mothers and their families regarding prevention of COVID-19

August 20, 2021

Department of Obstetrics-Gynecology, Seibo Hospital

With the rapid spread of COVID-19, the number of maternal cases of COVID-19 during pregnancy is now on the rise in Japan. If pregnant women become infected with COVID 19, particularly in the third trimester, they are more likely to become severely ill, and intensive medical care may be required in some cases. Meanwhile, medical services for COVID-19 patients are currently on the verge of crisis in Tokyo. Pregnant women with COVID-19 are no exception, and they are facing with a situation where they may not be able to receive the medical care immediately.

Under the current circumstances, cooperation (prevention of infection) of expectant mothers and their family living together (mainly husbands or partners) is essential.

- It has been reported that COVID-19 has been transmitted from husbands or partners in approximately 80% cases among pregnant women. We ask all expectant mothers as well as family members living together to take further measures to prevent infection including receiving COVID-19 vaccination.
- Before going out, consider the risks and make informed choices to keep expectant mothers and family members safe.

Examples:

- ✓ Avoid Closed spaces, Crowded places and Close-contact settings
- ✓ Wear a mask when going outside or when engaged in a conversation with non-family members.
- ✓ Avoid dining with non-family members.

*Even if you are fully vaccinated, there is still a risk of infection. Continue to take preventive measure after vaccination.

*If you are infected with COVID-19 or if you are considered as having been in close contact with the infected person, contact our outpatient OB-GYN department (delivery room if outside normal consultation hours) immediately.

In addition, please note that if you are diagnosed with COVID-19 (including suspected infection), we may ask you to transfer to the designated medical institution for infectious diseases.

Your cooperation is greatly appreciated for the safe delivery of your baby.

Reference:

Japan Society of Obstetrics and Gynecology: To all expectant mothers (Right: QR cord)

(http://www.jsog.or.jp/news/pdf/20210814_COVID19_02.pdf)

