

# For pregnant women and their families who are visiting Seibo Hospital

December 3, 2020  
Department of OB/GYN, Seibo Hospital

Thank you for your cooperation in preventing nosocomial infections against COVID-19. Fortunately, there have so far been no confirmed cases of hospital-acquired COVID-19. We have updated some of the information and matters requiring further cooperation (see underlined parts). We deeply appreciate your continued understanding and cooperation in this matter. In addition, please note that we may need to change our response based on the future epidemic situation. Should you have any questions, please do not hesitate to ask your doctor or midwife at the time of your consultation.

## OB/GYN Dept.

Updated on Nov.4, 2020

- Please wear a mask when you come to the hospital.
- As of mid-November, your spouse/partner/family member, etc. is allowed to enter the examination room at OB/GYN Dept under certain conditions. For more details, please refer to the attached "Information on attendance at the OB/GYN Dept".
- Please take your body temperature every day while visiting the hospital and record it in the "Health Check Sheet" distributed at the OB/GYN.
- If you have fever or cold-like symptoms, be sure to contact us before you come to the hospital.

## Mother's class

Updated on Nov.4, 2020

- Some mother's classes will be resumed in December. Details will be posted on our website "Childbirth Page".
- We are distributing videos of mother's classes for healthy childbirth and childcare (information will be provided at the OG/GYN Dept).
- Please also use the textbooks such as "Maternity Guidebook" and "Guide to Pregnancy, Childbirth and Childcare" which are provided when you make a reservation for delivery in Seibo Hospital.

## If you are diagnosed with COVID-19 (including suspected cases)

Update on Jul.13, 2020

- If you are diagnosed with COVID-19 or determined a close contact, please contact the OB/GYN Dept by phone immediately.
- If you are diagnosed with COVID-19 (including suspected cases), you may be asked to transfer to an advanced healthcare facility for highly specialized treatment.

## If a member of your family who is living with you is determined to have COVID-19 or a close contact

Update on Jul.13, 2020

- If a member of your family is determined to have COVID-19 or a close contact, please contact the OB/GYN Dept immediately.

## On and during admission

Updated on Nov.7, 2020

- Please be sure to bring the "health check sheet" with you that is given at the OB/GYN Dept.
- Please wear a mask when you have a face-to-face contact with the staff or other patients during your hospital stay.
- Unless requested by the medical staff, a member of your family is not allowed to enter the obstetrics ward (3<sup>rd</sup> fl).
- If the matters to be reported to your family including the medical state may arise, medical staff or patient will contact the family member in person.
- From the viewpoint of personal information protection, we are not able to discuss patient's medical condition over the phone.
- During your hospital stay, if you wish to contact your family via video call such as Skype, please use the telephone box or day room located on the 3<sup>rd</sup> floor. In addition, if you stay in the private room, you may use it in your own room.

## Natural Delivery

Updated on Dec.3, 2020

- Please wear a mask during labor.
- Online visit shortly after childbirth is now available. In addition, we are currently preparing for the resumption of birth attendance beginning January, 2021. Details such as the timing of implementation will be provided at a later date.
- Please inform your family about the progress in labor as appropriate. In case of emergency, we will contact the family member.
- After delivery, either midwife in the delivery room or patient will inform the family member about the childbirth.
- Family members are not allowed to visit the mother and baby during their hospital stay including immediately after birth.
- In the case of having any symptoms (fatigue, fever, cough, etc.) during delivery whose possibility of covid-19 cannot be denied, PCR or antigen test will be performed and appropriate mode of delivery will be selected.

## Cesarean Delivery

Updated on Dec.3, 2020

- Once the operating time is decided, your family will be contacted by phone. The operating time is decided right before surgery so please be sure that the family member can be contacted any time on the day of surgery.
- Only one family member is allowed to wait in the hospital during surgery. In addition, please note that he/she must take the body temperature at the entrance before entering the hospital, so please ask the hospital staff.
- As of December 1, the family member is allowed to meet the baby shortly after birth. For more information, please see "About the family member meeting the baby after Cesarean delivery" on our obstetrics website of "Childbirth Page".
- After surgery, the doctor in charge will explain to the family member about the course at the surgery waiting room. He/she can then meet the patient in front of the operating room for a short period of time (we are in the process of allowing one family member to meet with the baby after mid-November).

## Discharge-Bringing baby home

Updated on Nov.4, 2020

- Only one family member is allowed to come to the elevator hall at the obstetrics ward (3<sup>rd</sup> fl).

Information regarding COVID-19, etc. from the Obstetrics Department of Seibo Hospital will be delivered as needed via the pregnancy and childbirth app "Baby Plus". Please install the application and register "Seibo Hospital". Please note that this is in Japanese only.

