

For expectant mothers and their families who receive prenatal care at Seibo Hospital

Feb 17, 2022
OB/GYN Dept., Seibo Hospital

Thank you for your cooperation in preventing nosocomial infections against the novel coronavirus (COVID-19). We have updated some of the information and matters requiring further cooperation (see underlined parts). We would appreciate your continued understanding and cooperation in this matter. In addition, please note that our responses are subject to change depending on the future epidemic situation. If you have any questions, please feel free to ask your doctor or midwife on your prenatal visit.

Outpatient consultation

Updated on August 23, 2021

- Be sure to wear a non-woven mask when visiting the hospital.
- Please note that restrictions are put in place for family members who accompany patients to their appointments at the outpatient OB/GYN Division. For more information, please see "[Information on attendance in OB/GYN](#)" on our Obstetrics website.
- Take your body temperature every day and record it in the "Health Check Sheet" provided at the outpatient OB/GYN.
- If you have fever or cold-like symptoms, make sure to inform us before coming to the hospital.

Childbirth & parenting classes

Updated on August 23, 2021

- Online childbirth & parenting classes are now available in Japanese only. See "Baby Plus" for more details.
- We are distributing videos for healthy birth and parenting (see our "**Maternity Guidebook-Pregnancy**" for [the contents of videos and links to video websites](#), etc.).
- Please use the textbooks such as "Maternity Guidebook" and "Guide to Pregnancy, Childbirth and Parenting" provided on your prenatal appointment (at the time of booking for admission).

If you are diagnosed with COVID-19 or determined as a close contact)

Updated on February 17, 2022

- If you are diagnosed with COVID-19 or determined as a close contact, please notify us at the outpatient OB/GYN by phone immediately.
- You need specialized treatment at advanced healthcare facility if required. We will collaborate with the public health center to determine the appropriate hospital.
- The OB ward specific for pregnant women with COVID-19 is not available in our hospital. Therefore, if the infection is confirmed after 37 weeks of gestation, you will be transferred to the designated hospital for delivery. If the labor starts before the transfer, we will undertake management of labor and delivery.

If your family member living in the same household is determined to have COVID-19 or as a close contact

Update on July 13

- If your family member is diagnosed with COVID-19 or determined as a close contact, notify us at the outpatient OB/GYN immediately.

On and during admission

Updated on August 23, 2021

- Be sure to bring the "health check sheet" provided at the outpatient OB/GYN.
- Wear a non-woven mask when you have a face-to-face contact with the staff or other patients during the hospital stay.
- Unless requested by the medical staff, your family is not allowed to enter the obstetrics ward (3rd FL).
- If the matters to be reported to the family including the medical condition may arise, the medical staff or patient herself will contact him/her in person.
- From the viewpoint of protection of personal information, we do not discuss patient's medical condition over the phone.
- During the hospital stay, if you wish to contact your family via video call, please use the telephone box or day-room located on the 3rd floor. In addition, if you stay in the private room, you may use it in your own room (Wi-Fi service is available free of charge).
- You cannot use the hospital shop or laundry facility during the hospital stay.

Natural Delivery

Updated on January 17, 2022

- Wear a non-woven mask during labor.
- With the rapid spread of COVID-19 in Japan, we suspend birth attendance as of 8:00 am. January 19, 2022.
- We offer a live video visit shortly after childbirth.
- Please inform your family about the progress of labor as appropriate. In case of emergency, we will contact the family member.
- After childbirth, either midwife in the delivery room or patient herself will inform the family member about the birth of the baby.
- Family members are not allowed to visit the mother and baby during the hospital stay including shortly after birth.
- During delivery, if you experience any symptoms (e.g. fatigue, fever, cough) which the possibility of covid-19 cannot be ruled out, PCR or antigen test will be conducted and appropriate mode of delivery will be selected.

Caesarean Delivery

Updated on February 26, 2021

- Once the time for Caesarean section is decided, either hospital staff or patient herself will contact the family member by phone. The time for C-section will be decided right before surgery so make sure that the family member can be contacted anytime on the day of surgery.
- Only one family member is allowed to wait in the hospital during surgery. The nursing staff will call the family member, and ask medical questions regarding the symptoms of infection.
- Only one family member is allowed to meet the baby shortly after birth. For more information, please see "[About the family member meeting the baby after Cesarean delivery](#)" on our Obstetrics website of "Childbirth Page".
- After the surgery, the attending doctor will explain to the family member about the course in the surgery waiting room. The family member can then meet the patient in front of the operating room for a short period of time.

Discharge-Bringing baby home

Updated on November 4, 2020

- Only one family member is allowed to come to the elevator hall at the obstetrics ward (3rd FL).

Information on COVID-19 from our OB/GYN Department will be distributed as appropriate via the pregnancy and childbirth app "Baby Plus" (Japanese only). Please install the application and register "Seibo Hospital".

